

VIOLINISTS: ARE YOU READY TO PLAY?

- **POSTURE**

- ☐ Are you standing/sitting up straight?
- ☐ Is your back straight like the letter "I"?
- ☐ Are both feet flat on the ground?
- ☐ Is your scroll at eye level?
- ☐ Are your eyes on the music?

- **LEFT HAND**

- ☐ Is Bob awake?
- ☐ Is Fluffy safe?
- ☐ Are your fingers curved?

- **RIGHT HAND**

- ☐ Is your bow parallel to the bridge?
- ☐ Are you starting on your square?
- ☐ Is Pete on his perch?
- ☐ Is your bow hand leaning to the left?

